



Support for Your Conscious Discipline Journey

Serving Southwest Denver Early Childhood Programs

What It Is:

LAUNCH Together in Southwest Denver has a team of experts in Conscious Discipline who can guide and support you in your Conscious Discipline journey.

We can provide trainings, materials, guidance and other supports as you implement Conscious Discipline strategies, rituals and classroom structures.

What It Costs:

These supports are free to any southwest Denver school or early childhood program. Programs outside of southwest Denver may still be able to receive services for free if they are part of a Quality Improvement program such as the Denver Preschool Project (DPP).

Contact:

Jenny Smith, Clayton Early Learning
JCSmith@ClaytonEarlyLearning.org
303-393-5608

Susan Kay, Denver's Early Childhood Council
Susan@DenverEarlyChildhood.org
720-644-2566

★ How It Works:

- * A teacher or administrator can contact us to request supports
- * Schedule the first visit
- * LAUNCH CD staff will work with the team as needed to support implementation of Conscious Discipline in a classroom or an entire school or program

Typical Sequence for CD Support Services:

- * **Initial Meeting.** Meeting with teachers and/or administrators to understand the best way to proceed.
- * **Observation.** Observe in the classroom to deepen an understanding of how CD is currently being used and to develop ideas for next steps.
- * **Team Planning Meeting.** Meet with teachers to review the written ideas, make a plan and decide on first steps.
- * **Professional Development.** In this session, the LAUNCH staff presents information about the strategies or structures chosen for the plan; includes opportunities for the teachers to practice skills. We will also provide materials to support implementation in the classroom.
- * **Live Classroom Work.** The LAUNCH staff will model skills in the classroom and/or observe and support teachers in using the skills.
- * **Debrief & Next Steps Meeting.** Meet with team to review the live classroom session & create a plan for next steps.
- * **Ongoing.** The LAUNCH staff person can continue to facilitate more rounds of support services.



Provided by Denver's Early Childhood Council and Clayton Early Learning, with funding from LAUNCH Together in Southwest Denver, which supports a resilient, trauma-informed community network of parents, providers and programs throughout Southwest Denver who are responsive to the social-emotional needs of young children, their families and the champions who serve them.